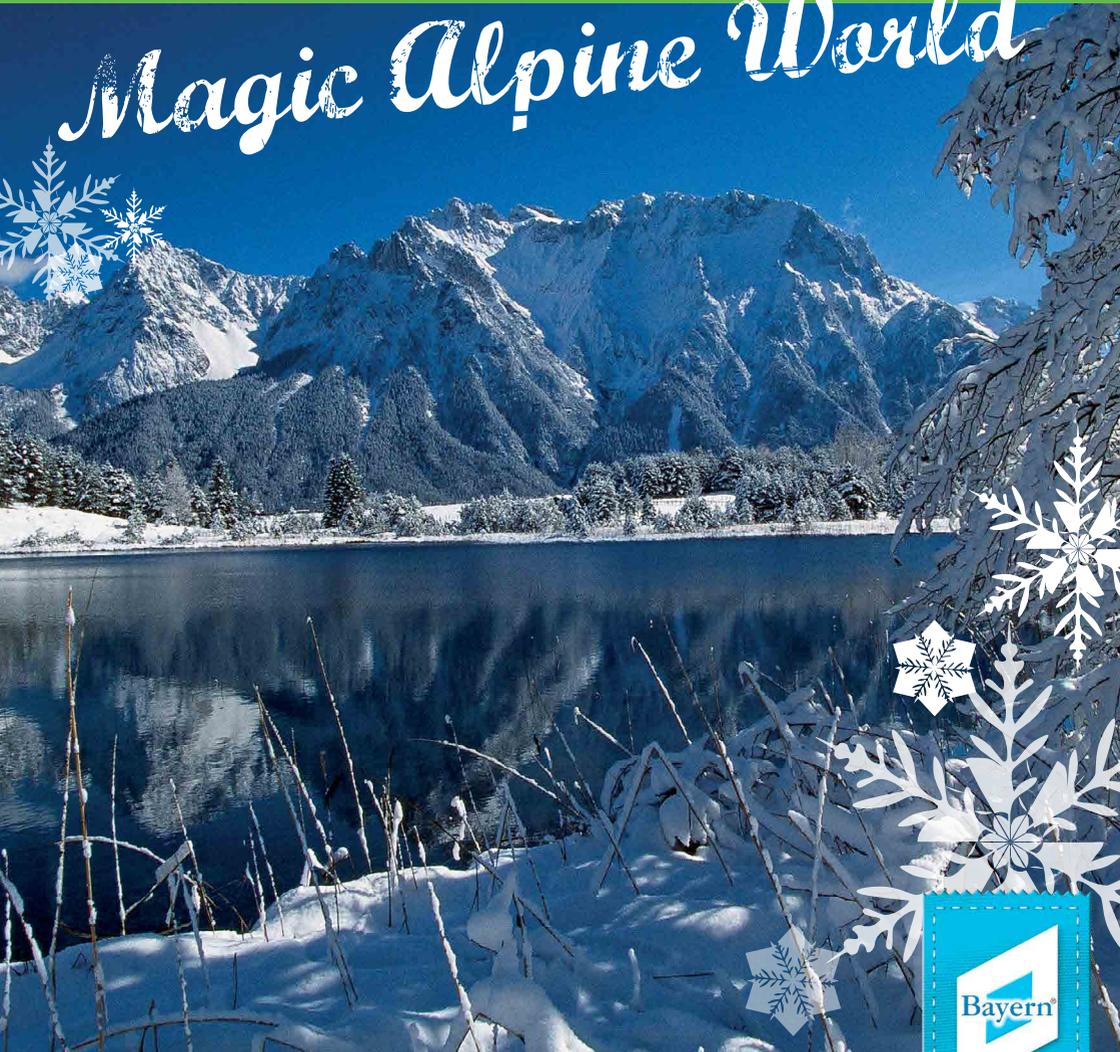




Mittenwald • Krün • Wallgau

Experience wintertime

Magic Alpine World



Bayern

Welcome Winter Diversity

In the winter, when a blanket of sparkling diamonds covers the unique valley landscape between the three Upper Bavarian municipalities of Mittenwald, Krün and Wallgau, Alpenwelt Karwendel entices with a variety of attractions.

How about an idyllic winter hike, for example, on sunny, cleared and well signposted routes through the dreamy Isar meadows or the deep snow covering the undulating meadows?

Here, holidaymakers can let their spirits run free or follow the 150-kilometre cross-country ski trail network in the valley to refuel on freshness and fitness for everyday life. If you would like to leave a trail in the pristine winter landscape, you can set off on snowshoes or touring skis for the surrounding upper alpine summits. If you like something a little more relaxing, you will be in good hands at the Kranzberg family ski area with its many beautiful views. Tobogganing, ice skating, Bavarian curling, biathlon, traditional Christmas markets and carnival parades are just a small taste of everything there is to discover in Alpenwelt Karwendel. Convince yourself: either by reading this brochure or at the location itself. We look forward to your visit!

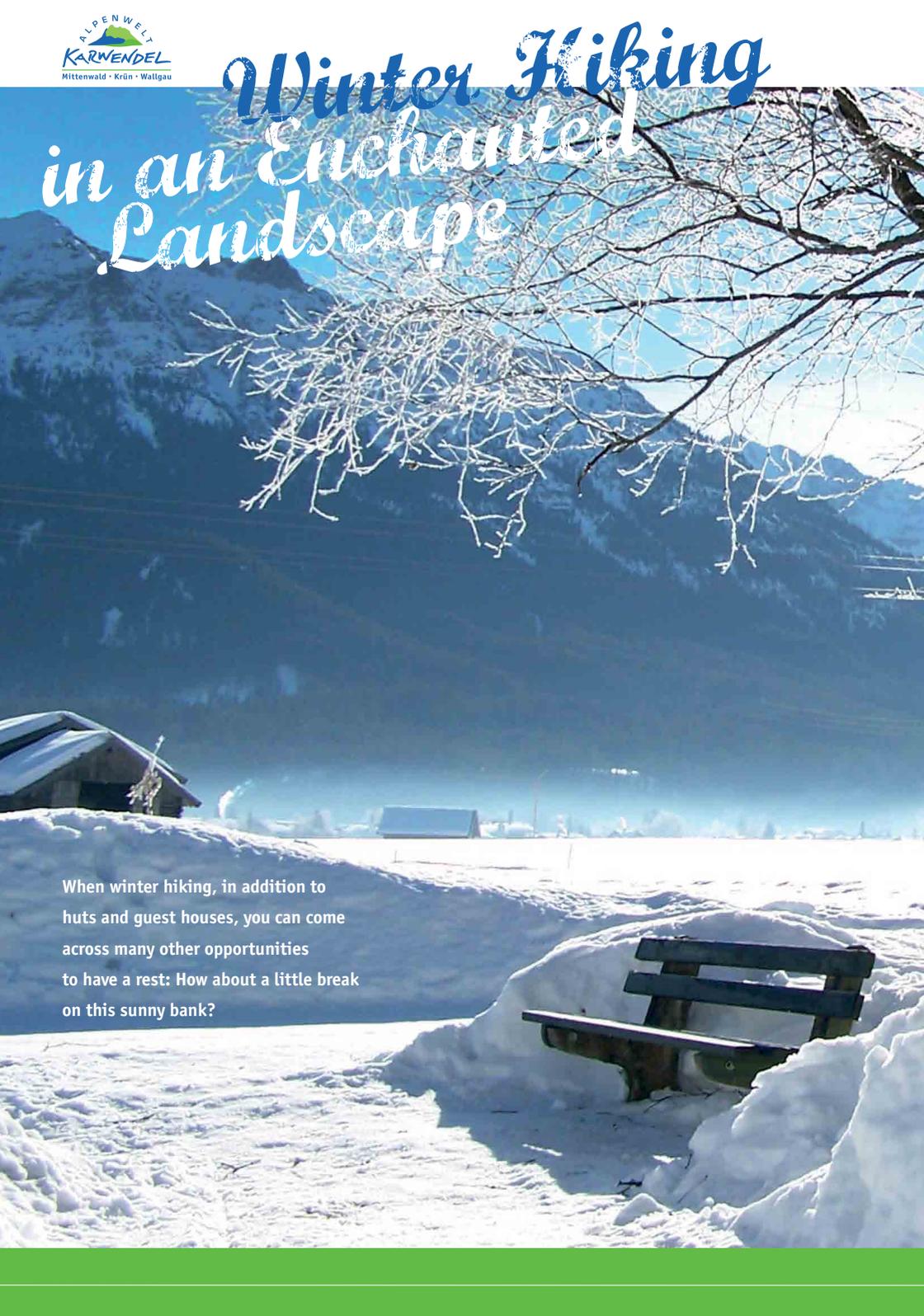
In the unspoilt winter landscape around
Mittenwald, Krün and Wallgau,
holidaymakers can
rest and relax.

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Guest card holders use the
ski and tourist bus free of charge.

Winter Hiking in an Enchanted Landscape

A winter landscape with snow-covered ground, a wooden bench, and mountains in the background. The scene is bright and sunny, with snow piled up around a dark wooden bench in the foreground. In the background, there are snow-covered mountains and a small wooden hut on the left. The sky is clear and blue.

When winter hiking, in addition to huts and guest houses, you can come across many other opportunities to have a rest: How about a little break on this sunny bank?



On cleared paths through the expansive valley, as your eyes roam the meadows, over the wooded mountain slopes up to the rocky peaks of the Karwendel and Wetterstein mountains. Walk to one of the frozen lakes or climb to the sunny Kranzberg: Winter hikers get to know Alpenwelt Karwendel and its untouched nature from an entirely new perspective. Natural ice sculptures at Lainbach and the Isar allow walkers to stop and be amazed as filigree frost crystals on bushes and trees create an enchanting landscape. When winter hiking, holidaymakers can recharge their internal batteries and refuel on power and rest. In Alpenwelt Karwendel there are many different routes to take.

Enjoyable Winter Hiking Tours

Along the Isar,
attractive winter hiking
trails will entice you.

Riedboden and Hoffeld

9 km | 70 m | 2 ¼ hours | medium

In spring and autumn you hear the bells of the grazing cows in Riedboden from far away. In the winter it is very quiet here. It seems as if the landscape is enjoying a winter sleep. The quiet is so all-encompassing, that is also transferred to those who hike here.

Start: Mittenwald (911 m). **Route:** From the car park in Ried, you take route 800 straight through Riedboden. At the southern end of the road you turn left and cross the Isar onto route 200 through Hoffeld back to Mittenwald.

Around Isarstausee

4,5 km | 30 m | 1 hour | easy

In the winter, when the banks and the flat lateral branches of the Isar freeze and the reeds and blades of grass protrude from the snow like bristles, the hiking trails along the Isar are particularly idyllic.

Start: Krün (875 m). **Route:** From the car park at the Isar Bridge in Krün, you go over the bridge and then turn right onto route 300 and then take 302 to Isarstausee. On route 310 you hike around the lake and then right back to Krün.

Alpenwelt Tip: This tour can also be combined with the Auhüttenweg (see tour on the right-hand side).

Magdalena-Neuner-Panorama Trail Wallgau

1,5 km | 100 m | 1/2 hour | easy

Those who want to experience beautiful views do not always have to work hard. This is proven by the Panorama Trail in Wallgau, where winter hikers hike comfortably below the Krepelschroffen to the northern outskirts of Wallgau.

Start: Wallgau (866 m). **Route:** From the car park at Haus des Gastes, you go over Sonnenleiten to the start of route 417. You hike along this to the north end of Wallgau.

Refreshments: Haus des Gastes (866 m) at the car park.

Alpenwelt Tip: If you want to hike further, you can take the Maxhütten route at the end of the Panorama trail (see page 9).

Golf course loop trail and the Auhüttenweg

5 km | 70 m | 1 1/2 hours | easy

Close to the town centre yet isolated, the golf course loop trail passes many great views at the north-eastern end of Wallgau above Isar meadows to Golfalm. In the cozy Blockhütte, hikers can have some refreshments and warm up. Then it continues in a large arc back to the Isar and along the edge of the forest to Krün.

Start: Wallgau (866 m). **Route:** From the car park by the Isar Bridge, follow the signs for the golf course loop trail, route 313, turn right to the golf course, to Golfalm and back again to the Isar. At the car park you cross the Isar Bridge and then hike to the right along route 300 to Krün. Here you cross the bridge over the Isar and go straight along Soiernstrasse. Then turn right into Hofgartenweg. On this and winter hiking trail 310, you come back to Wallgau.

Refreshments: Golfalm (875 m), after roughly half way along.

Alpenwelt Tip: You could also start the Auhüttenweg or the combination of both winter hiking trails from the car park at the Isar Bridge in Krün.



Each of these tours
can be started via
guest bus from all
three towns in
Alpenwelt Karwendel.

Ederkanzel, 1180 m

6 km | 230 m | 1 – 1 ½ hours | medium to difficult

The Ederkanzel is also a popular excursion destination in the winter with the locals and guests alike. Not only because of the crispy roast turkey served subject to pre-booking, but also because you can speed back along the ascent route by toboggan down into the valley.

Start: Mittenwald (911 m). **Route:** From the car park Innsbruckerstrasse, go towards the city center until the junction Leutascherstrasse left in the direction of Lautersee. Here you can follow route 820 in the direction of Lautersee, keep left and then take route 879 up to Ederkanzel. You hike back the same route. If you like, you can take a detour to the left further along to Lautersee (an additional $\frac{3}{4}$ hours, 0.5 km).

Refreshments: Berggasthaus Ederkanzel (1180 m).

Alpenwelt Tip: Bring a sled.

Warning! The route is not an official toboggan run and is not prepared. Descend at your own risk.

Hoher Kranzberg, 1391 m

7,5 km | 450 m | 3 hours | medium to difficult

The Kranzberg high over Mittenwald, opposite the mighty Karwendel mountains, not only offers a wide-ranging view of Alpenwelt Karwendel, but with four small lakes also provides varied winter hiking opportunities (see page 10 and 11).

Start: Mittenwald (911 m). **Route:** From the car park at the Kranzberg chair lift, you follow hiking trails 830 and 832 to the summit. You return to Berggasthof St. Anton and there select route 824 to Lautersee.

Go left along route 828 back to the car park.

Refreshments: Gasthof Kärntner Alm (965 m), Gasthof St. Anton (1223 m), Kranzberg-Gipfelhaus (1330 m), Lautersee-Alm (1016 m), Restaurant Seehof (1016 m), Korbinian Hütte (1200 m): 20 minutes detour on the ascent.

Variants: You can also start out from Lautersee or from the chairlift valley station or mountain station.

The descent
along this loop hike can also
be tobogganed via
the Kranzberg toboggan run.



Winter Hiking

Beautiful Views

Across the undulating meadows

6,7 km | 110 m | 1 ¾ – 2 hours | easy to medium

The small meadow hills between Mittenwald, Krün and Wallgau are unique. Their origins are still a mystery to geologists to this day.

In winter, when they are covered in snow, their undulating structure is particularly evident. On this sunny route from Krün to Mittenwald with a magnificent view of the surrounding mountain groups, winter hikers delve deep into this natural highlight.

Start: Krün (875 m). **Route:** From the car park on Krottenkopfstrasse, follow routes 400, 800 and 838 through the undulating meadows and past Schmalensee to Mittenwald.

Refreshments: Goas-Alm (980 m), roughly half way along.

Alpenwelt Tip: If you would prefer a round tour, after the ascent through the undulating meadows turn right down to Tennsee and via 402 past the Chapel Maria Rast to route 400 and then left to return to Krün (1 ¾ hours and 95 m, 6 km, medium).

To Maxhütte, 1022 m

2,3 km | 160 m | 1 hour | easy

Thanks to its sunny location above Wallgau on the southern slope of the Fahrenberg and far-reaching views of the valley as well as the Wetterstein and Karwendel mountains, Maxhütte is also a popular destination for excursions and refreshments in winter.

Start: Wallgau (866 m). **Route:** Before Risserstrasse, the route to Vorderriss, you turn left onto route 314 and follow it to Maxhütte. You go another little bit back and then right on the Magdalena Neuer panorama trail 317 to B11 and left on the other side of the street back to Wallgau.

Refreshments: Maxhütte (1022 m).

Alpenwelt Tip: Alternatively, you can also descend via the downhill path.



Winter Hiking Grand Panorama Tours

You will take
these views home
with you in your heart.

From Klais to Mittenwald

13,6 km | 170 m | 3 – 4 hours | medium to difficult

In the summer, the stretch from Krün/Klais over the idyllic Elmayer Valley, past Ferchensee and Lautersee down to Mittenwald is a popular mountain bike tour. In the winter it becomes more peaceful. The lakes are frozen and winter hikers enjoy a peaceful tour through forest and meadows as well as the view of the Karwendel mountains, which are covered in deep snow.

Start: Krün/Klais (933 m). **Route:** From the car park next to the railway station in Krün/Klais, start by following the road in the direction of Elmau. Then turn right on Route 843 to Kranzbach. Behind the hotel "Das Kranzbach", go right on the road and after 500 metres keep right on route 843 and on to Elmau. Here you turn off onto the road to follow route 820 in the direction of Lautersee, Ferchensee and Mittenwald. From Ferchensee you walk along route 828 to Lautersee and then turn of to the right into the forest on route 826 in the direction of Laintal/Mittenwald. On Laintalstrasse and on through the narrow Stainergasse, your hike takes you directly to the Obermarkt pedestrian zone in Mittenwald. Here you turn right to Dekan-Karl-Platz. With the guest bus, ride back to Krün/Klais.

Refreshments: Various establishments such as Rusticana and Sonnenhof in Klais (933 m), Gasthaus Ferchensee (1065 m), Restaurant Seehof (1016 m), Lautersee-Alm (1016).

Alpenwelt Tip: Route 826 from Mittenwald through Laintal is also highly recommended as a small loop tour in combination with one of the other winter hiking trails from Mittenwald to Lautersee.

Wildensee Loop

8,5 km | 230 m | 2 – 2 ½ hours | medium

Winter hikes in the vicinity of ski areas can also be very nice, as is proven by this varied loop between the wavy foothills of the Kranzberg to the north.

Start: Mittenwald (911 m). **Route:** From the car park at the Kranzberg chair lift, go back along Am Kalvarienberg Street a little bit. Then turn left onto route 829 to the Kranzberg ski area. At the fork keep left along route 810 to Wildensee and then route 845 to the Gebirgsjäger Memorial. You come back to the ski area and hike along the way you came back to Mittenwald.

Refreshments: Gasthof Kärntner Alm (965 m) at the car park, Berggasthof Wildensee (1140 m), Luttenseehof (1050 m).

Alpenwelt Tip: If you would like, you can make a detour from route 810 to the left via route 836 to Korbinianhütte and along route 837 back onto the route you were on again (an additional ½ hour and 0.5 km).

Three Lakes Loop Tour

13 km | 150 m | 3 – 3 ½ hours | easy to medium

If you do this great tour between Krün and Klais, you should be in reasonably good shape. The reward is three different lakes and magnificent views of the Ester, Wetterstein and Karwendel mountains. Not to mention the snow-covered, unique undulating meadows.

Start: Krün (875 m). **Route:** From the car park on Krottenkopfstrasse, you follow Krottenkopfstrasse and route 450 straight on until it crosses route 405. Here you turn left onto route 405. You come to Barmsee and continue hiking in the direction of Grubsee. At the fork in the road before Grubsee, you turn right onto route 406 and on to Klais. Over the railway line in the direction of Elmau, you come to a fork that turns left as route 401 to Quicken. Follow this route, cross the road and the slightly elevated railway tracks. To the left on route 403, you hike to Tennsee and continue along route 402 to Hochstrasse.

Keep going straight ahead and onto Finzbachstrasse, which will bring you back to Krottenkopfstrasse.

Refreshments: Maximilianshof (885 m), Hotel Barmsee (890 m), Restaurant Am Campingplatz Tennsee (900 m).

Alpenwelt Tip: Each of the three lakes can also be seen on signposted winter hikes as individual loops. The routes can also be combined as desired.

Sport in front of magnifi-
cent scenery: This makes
cross-country skiing
even more fun.



Cross-Country Skiing Fun on the Trail

Expansive open spaces, meadows, forests and snow are the ingredients, sun and panoramic views add the spice. Then garnish the whole lot with a fantastic mountain backdrop and well maintained classic and skating cross-country ski trails and you get a cross-country ski menu par excellence that is unrivalled in the Alps. All this awaits you between Mittenwald, Krün and Wallgau with a 150-kilometre network of cross-country ski trails with a broad variety of routes, including a floodlit loop. There is something for every taste here.

In Alpenwelt Karwendel, use of the cross-country ski trails is free of charge.



Classic



Skating

Whether classic or skating, the difference in height (HD) and the total metres in height (TC): You will find the right cross-country ski trail using the icons and descriptions.

The specified cross-country ski trail profiles for individual routes are based on the winter overview map for Alpenwelt Karwendel. This is available from the tourist information offices.

Cross-Country Skiing Fun for Beginners

Riedboden Ski Trail 3, 6 and 8 km

3 km: HD 16 m/TC 22 m | 6 km: HD 20 m/TC 30 m | 8 km: HD 30 m/TC 44 m | easy

Start: Mittenwald (911 m), car park in Ried.

Route: Riedboden is a loop trail in the direction of Scharnitz and back.

Alpenwelt Tip: Extension via Scharnitz (4 km) in the direction of Bodenalm, Triendlsga and Seefeld (subject to charge). An additional snow-making system ensures the best conditions.

Magdalena Neuner Trail

2,7 or 5 km | HD 26 m/TC 30 m | easy

Start: Wallgau (866 m), Haus des Gastes. **Route:** From Haus des Gastes you follow the Witter loop trail.

Alpenwelt Tip: Alternatively, you can also start this loop from the Finzbrück car park at the south entrance to the town of Wallgau. An additional snow-making system ensures the best conditions.

Isarfeld Cross-Country Ski Trail/Golf Course and Hofgarten Loop

3,9 km | HD 21 m/TC 31 m | easy

Start: Wallgau (866 m), car park am Isarsteg.

Route: You follow the golf course loop trail on the left side of the Isar.

An extension to Krün is possible on the Hofgarten connecting cross-country ski trail (4.5 km, HD 22 m/TC 37 m | easy)



Biathlon Star
Magdalena Neuner
from Wallgau learned
cross-country skiing on the
cross-country ski trails in
Alpenwelt Karwendel.



Cross-Country Sprint and Night Ski Trail

2,2 km | HD 6 m/TC 47 m | medium

Start: Krün (875 m), car park on Krottenkopfstrasse. **Route:** The loop course is floodlit on Tuesdays, Wednesdays and Friday from 5 p.m. to 8 p.m.

Alpenwelt Tip: The loop is equipped with snow machines.

Pleasure Ski Trail and Oberfeld Village Loop

7,9 km | HD 26 m/TC 85 m | easy to medium

Start: Krün (875 m), car park on Krottenkopfstrasse. **Route:** The route leads through Maximilianshof in the direction of Barmsee to Bannwald and back. **Alpenwelt Tip:** Alternatively, you can also start the route at the car park at Kranzbach Bridge between Bärnbichl and the district of Barmsee. If you prefer a very short and easy cross-country ski trail, the easy Oberfeld village loop can be started in Krün from the car park on Finzbachstrasse. 1.5 km, HD 6 m/TC 12 m, easy.

Sonnen Cross-Country Ski Trail

4,3 km | HD 24 m/TC 35 m | easy to medium

Start: Krün (875 m), car park on Krottenkopfstrasse. **Route:** Via Maximilianshof to Wallgau and back in the direction of Barmsee.

Alpenwelt Tip: Alternatively, you can also start this loop in Wallgau at Finzbrücke.

Panorama Trail: A varied Ski Trail

20 km | 14,7 km | HD 101 m/TC 239 m | medium to difficult

Start: Krün (875 m), car park on Krottenkopfstrasse. **Route:** The varied panorama cross-country ski trail goes via Maximilianshof, Barmsee and Gerold back to Krün. Alternatively you can also start in Gerold (920 m) or the car park at Kranzbach Bridge.

Alpenwelt Tip: If you would like, you can continue on in Gerold along the 1.3 km long connecting Klais-Kaltenbrunn loop trail (medium).



Cross-country Ski for those with Experience

Kanada Cross-Country Ski Trail: The Outlook

13,4 km easy | 14,7 km | HD 101 m/TC 239 m | difficult

Start: Wallgau (866 m), car park am Isarsteg. **Route:** The Kanada trail leads through the idyllic river landscape along the Isar from Wallgau to Vorderriss.

Alpenwelt Tip: In Vorderriss you can stay on the classic loop course (6.2 km) or continue onto the classic cross-country ski trail to Fall (9 km). You then return via the Kanada cross-country ski trail. If you would like to be collected in Vorderriss or Fall, you can register advance at the Hornsteiner travel agency in Wallgau.

Klais – Kaltenbrunn: The Sporty

10 km | HD 70 m/TC 120 m | medium to difficult

Start: Klais (933 m), car park behind the railway station. **Route:** From Klais, the round course is full of variety with several ascents and descents to Kaltenbrunn and back.

Alpenwelt Tip: In Kaltbrunn there is a 5 km long loop course (classic and skating), which is also used by biathlon professionals when they are completing their shooting training.

Sonnenhügel

13 km | HD 191 m/TC 290 m | medium to difficult

Start: Elmau (1008 m). **Route:** It follows the route to Hirzeneck, the so-called Sonnenhügel (Sun Hill), and back. **Alpenwelt Tip:** From the same starting point, you could also follow an easy loop course (classic and skating), 3 km, HD 21 m/ TC 39 m. You return along the same route.



Almloipe

12 km | HD 205 m/TC 300 m | medium to difficult

Start: Elmau (1008 m). **Route:** This varied round goes in part through the forest up to Elmauer Alm and then back to Elmau.

Guest biathlon

5 km | medium

Successful biathletes from the region such as Magdalena Neuner and Martina Beck (nee Glagow) show that biathlon is a big deal in Alpenwelt Karwendel. However, this exciting sport is not just reserved for the professionals here. From Christmas until mid-March on Wednesdays from 11 am, cross-country skiers can take part in the so-called guest biathlon. Before things really get going, the trainer instructs the participants on shooting while prone and provides more tips and advice. Then it's off to the cross-country ski trail.

The distance of the route is adapted to the fitness of each individual cross-country skier.

Start: Kaltenbrunn (855 m), biathlon stadium. Parking at the station.

Registration: Each Tuesday up to 4pm, at the tourist information offices in Alpenwelt Karwendel. In the case of group registrations for more than eight persons, please register eight days in advance with Alfred Kroll, Tel. + 49 (0) 88 25/3 62, or via e-mail, info@haus-alfred.de.

Cost: 25 Euro for 25 small calibre shots, subsequent purchases per 5 shots: 5 Euro.

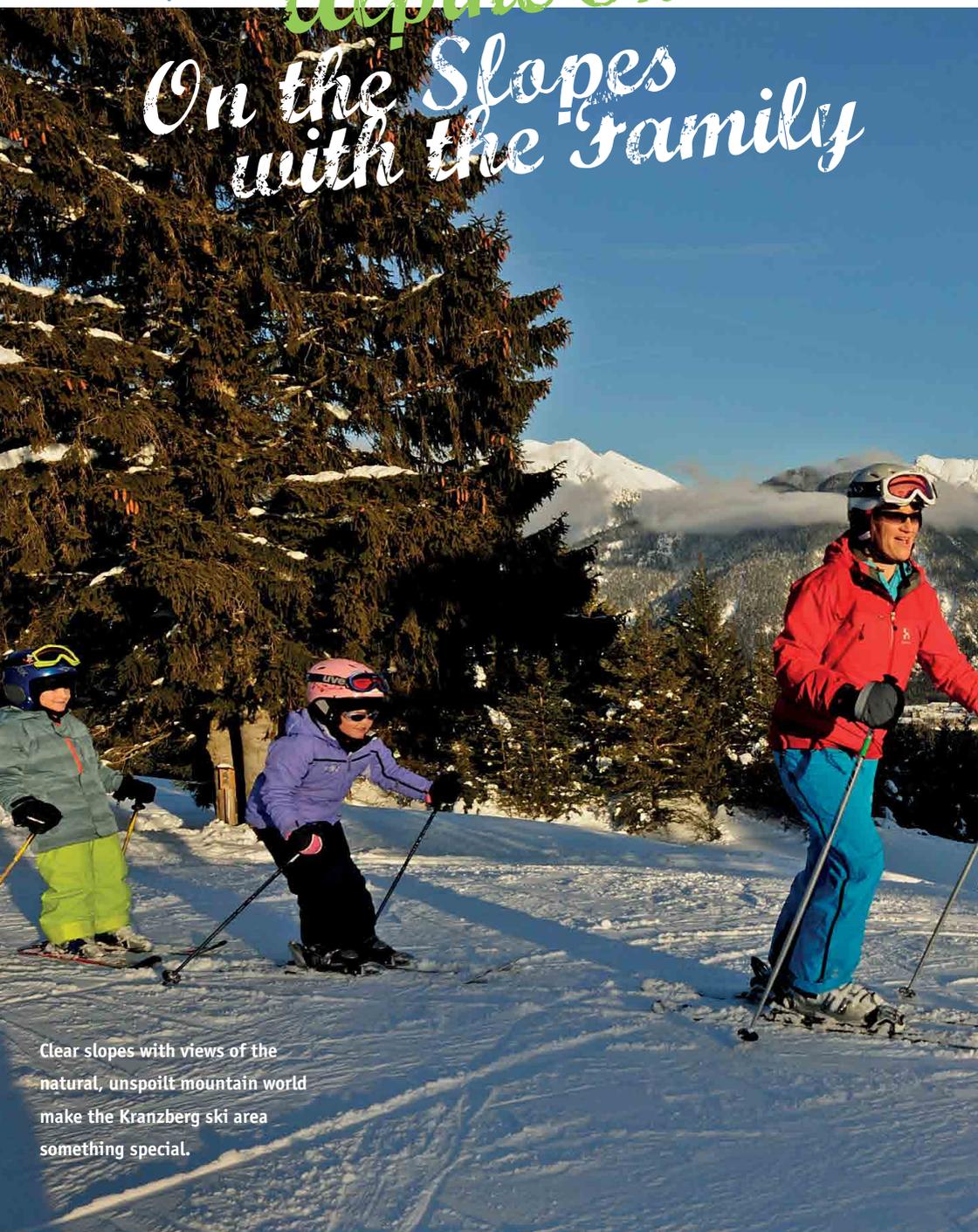
Organiser: Skigau Werdenfels e.V.–Biathlon.



Cross-country skiing and shooting on the visitors biathlon.

Alpine Ski

On the Slopes with the Family



Clear slopes with views of the natural, unspoilt mountain world make the Kranzberg ski area something special.



Homely, tranquil and with a view of the pristine, untouched mountain world: In Kranzberg ski paradise, the clocks tick at a leisurely pace. Thanks to the wavy structure of Hoher Kranzberg, skiers will find an expansive but manageable ski area with blue, red and one black slope. 6 T-bar lifts and a chair lift bring both young and old family members onto the slopes quickly. Snow-making facilities guarantee there will be snow, authentic cabins in the middle of the area ensure that even the breaks are an experience.

Here we still have a lift assistant, who helps with the bracket as you get in. Parents can follow the progress of their little ones and older children can also try a descent alone. At Kranzberg ski paradise, every member of the family will feel good. And anyone who would like to breathe the air on the pistes in the major ski areas after a few days here is in the best place for this, close to Seefeld in Tirol and Garmisch-Partenkirchen.

Alpine Ski

Well-maintained Slopes for Families

Kranzberg Ski Paradise

Ski Area: 980 – 1391 m, Mittenwald

Piste length 21 km, 46% equipped with snow machines, ■ 37 % , ■ 56 % , ■ 7 % *

While the large group ski areas are often highly used, Kranzberg ski paradise is a little more cosy. Due to the special terrain structure of the Hoher Kranzberg, with hills, wooded areas and open spaces, the area is very varied. Not just families with children, but anyone who would like to get away from the tourist areas and enjoy well-maintained slopes surrounded by magnificent mountain scenery will love it here.

Refreshments: Luttenseehof (1050 m), Peppis Schiglu, Schirmbar at the Luttensee lifts valley station (1058 m), Korbinianhütte (1200 m), St. Anton (1223 m), Wildensee Hütte (1136 m), Kranzberg-Gipfelhaus (1330 m).

Lifts: 1 chair lift, 6 drag lifts.

Season: Middle of December to the beginning of April.

Info: www.skiparadies-kranzberg.de

The little ones can learn to ski in a fun way at Bruna's Children's Skipark at the Luttensee lifts valley station. Practice carousel, magic carpet and funny characters make beginning easy.

Family and children's ski lift Barmsee

Ski Area: 892 – 992 m, Krün

Piste length 250 m, 100 % equipped with snow machines, ■ 100 % *

The Barmsee lift, a beginner-friendly rope ski lift, brings children and adults who want to learn to ski safely to the 250 metre-long practice slopes. Here you can practice your first turns.

Refreshments: Ferienhotel Barmsee (892 m).

Lifts: 1 cable lift.

Season: Middle of December to the beginning of April.

Info: www.alpenwelt-karwendel.de

Alpenwelt Tip: Floodlit skiing by night. The dates are in the events programme.

* ■ = easy ■ = medium ■ = difficult

and Powder for Freeriders



Freeriding in the Dammkar

Ski Area: 920 – 2244 m, Mittenwald

Descent 7 km, ■ 100 % *

The Dammkar descent indeed is impressive at first sight because of its superior nature: At an altitude of 1300 metres and seven kilometres in length, it is Germany's longest freerider descent. But to reduce the unprepared, secured ski route from Karwendel to Mittenwald to key data would be an injustice. Much more than this, it represents the experience of powering down wide powder slopes, sliding between cliff walls and being exhausted by the end, with a broad smile as you speed along the forest road.

Refreshments: Dammkarstadl at the valley station of the Karwendel cable car (920 m) and the Berggaststätte mountain restaurant at the mountain station (2244 m).

Season: Christmas until the beginning of April.

Info: www.karwendelbahn.de.

Snow phone: + 49 (0) 88 23/53 96.

When powder alarm rings, it means you have to move quickly. Who will be the first to make his mark on the untouched Dammkar?

Alpenwelt Tip: A trip up to Karwendel in winter is also worthwhile for non-skiers. In addition to the Panorama Trail and the Nature Information Centre with its lofty view of Mittenwald, the large sun terrace at the mountain restaurant is also enticing.

Ski and Snow-Shoe In the Snow-covered

As ski tourers
and snow shoe hikers,
you leave your
tracks in the wintry
regions untouched
by humans.



Tours Mountain World

Leaving a lonely zigzag trace on the snow-covered mountainside or broad footsteps in the deep snow. Far away from the valley and everyday life, breathing the scent of freedom: This is ski touring and snow shoe hiking.

Thanks to the Karwendel, Wetterstein and Ester mountains, touring is possible in Alpenwelt Karwendel at every level of difficulty. For example, how about the avalanche-secured route into Dammkar (see page 21)?

Ski tourers were already active here 60 years ago. At that time there were so many that the human mass looked like a huge worm. The expression "Dammkarwurm" (Dammkar worm) dates from this period.

The ski and snow-shoe tours presented here are only suggestions. In Alpenwelt Karwendel, many more beautiful routes await ski tourers and snow-shoe walkers. Right up to the Kranzberg route, all tours are neither signposted nor cleared and should only be used with sufficient knowledge and experience of avalanches. Such outings are undertaken at your own risk.

Always wear Fur on Ski Tours



When ski touring the ascent and descent form a single unit.

Warning!
On the tours presented here no refreshments are available

Feldernkopf, 2071 m

12 km | 1200 m | 4–5 hours | medium

The unforested Feldernkopf summit high above Alpenwelt Karwendel alone is worth a ski tour.

But this mountain in the Soiern group also impresses with a varied ascent. On the forest path ski tourers can start with a gentle warm up before following the curved track through the forest to a free-standing ridge and then ascending to the summit.

Start: Mittenwald (911 m), car park at Seinsalm (890 m).

Route: Follow the forest road in the direction of Vereiner Alm and turn left at Ochsenalm. Now the track leads north-east through the forest to a ridge and from there keep right to the summit.

Alpenwelt Tip: In secure avalanche conditions you can descend from the summit straight down the gully in a westerly direction.

Simetsberg, 1840 m

12 km | 1000 m | 3 ½ –4 hours | medium

Tourers on the Simetberg ski tours in the summit area are often treated to powder snow. Thanks to the forestry road, on which a large part of the ascent and descent runs, ski tour beginners also feel comfortable on this tour.

Start: Wallgau (866 m), car park at Obernach (800 m). **Route:** From the car park, follow the forest road in the direction of Simetsberg which travels moderately uphill and later at a gentle slope straight on in a southerly direction. At around 1160 m a small path turns right into the forest. Follow this and then ascent steeply through a gully in a lightly forested area to a service hut. Then back via the south slope or left along a ridge to the summit.

Snow-Shoe Tours on wide Soles

Via Elmauer Alm to Eckbauer

4 km | 300–400 Hm | ca 2 ¼ hours | easy

The tour is varied and diverse without technical difficulties from Kranzbach via the Wamberger Ridge, with its many views to Eckbauer above Garmisch-Partenkirchen.

Start: Start from the hotel "Das Kranzbach" (1035 m) behind Klais. **Route:** From Kranzbach you tramp along route 860 as an orientation aid in the direction of Elmauer Alm. After a short stretch of forest, where the cross-country ski trail and the footpath meet, you continue across open spaces. After about 500 metres past a small trench you leave the footpath and keep right as you ascend gently via free slopes directly to Elmauer Alm. You continue on the forest trail in the direction of "Wamberg, Eckbauer" until you come to a crossroads. From here you can either get to Eckbauer in a quarter of an hour or via the same path into the valley to Garmisch-Partenkirchen or via Wamberg to Kaltenbrunn or Garmisch-Partenkirchen (approximately 1¼ hours on foot). The train takes you back to Klais and from there to winter hiking trail 843 to the starting point (¾ hours, 110 m, 3 km, easy, see tour description page 10).

Variation: From the crossroads, you could also go along the road through the forest back to Elmauer Alm and downhill from there to Kranzbach again or tramp the entire way back (both alternatives take about 2 hours).

To Korbinianhütte

4 km | 230 Hm | 1 ½ hours | easy

Light beech forests and open spaces with a view of the Karwendel make this pleasant tour at the foot of Hoher Kranzberg a little gem.

Start: Mittenwald (911 m). **Route:** From the car park at the Kranzberg chair lift, you follow the signs along the verge upwards for about 400 metres. Before a small stream, turn left along the line until you come to a large glade. Cross by the green construction wagon of the forest kindergarten and hike past large pine trees in the beech forest. Then along the slope to the left up to the crossroads between routes 830 and 832.

The route runs for about 400 metres between route 830 and along the toboggan run up to a bench under a large beech tree. Here you turn right and follow the small path under the chair lift through a narrow pass.

From here, it is about 400 metres to the ski run. On footpath 832 you turn left to come to Korbinianhütte in just a few minutes. You turn off near the car park next to the piste.

The mountain guides for Alpenwelt Karwendel offer a range of easy snow-shoe tours, one at full moon. Information is available from the tourist information offices.

Anyone would enjoy the speed with which the trees and ground race by, the cool fresh air blowing in your face, coupled with the challenge of steering around the next curve cleanly. No other winter sport brings so much laughter, cheering and jubilation as tobogganing. In Alpenwelt Karwendel, there are also numerous small slopes at all angles, from which you can push off at your own risk and slide down into the valley. The official Kranzberg toboggan run is particularly recommended. Thanks to the chair lift, you can slide down several times without having to march up the hill again on foot. Alternatively you could climb the 225 metres in altitude along a varied winter hiking trail and take a break at Gasthaus St. Anton before descending again. In addition to this, in Mittenwald there are two small toboggan slopes in Kurpark Puit and Krausegarten. In Krün you have the option of tobogganing at the Barmsee lift or in the district of Bärnbichl on the small but good slope on Finsbachstrasse. In Wallgau, children's sleds or bobs can be released in Witter on a prepared slope.

Kranzberg toboggan run

1 hour climb | 225 m | 1.6 km toboggan run | average slope 14 % | easy to medium

Climb for one hour along a cleared path or simply float up in ten minutes on the Kranzberg chair lift:

At the toboggan run at Hoher Kranzberg, sled drivers can choose which they prefer.

Start: Mittenwald (911 m), car park at the valley station of the Kranzberg chair lift.

Route: The ascent is along the path to the left of the chair lift in the direction of St. Anton/Hoher Kranzberg/Korbinianhütte. You cross the toboggan run and follow the forest path straight uphill in the direction of St. Anton/Hoher Kranzberg. The toboggan run starts on the left below the chair-lift mountain station, below Berggasthaus St. Anton. The descent runs at a moderate gradient along the slope and then turns left onto more steep terrain. After some steeper sections, you come out of the forest onto more flat terrain. Toward the end of the descent, it gets fast again (caution when crossing the foot path) and then leads to an explosive finale right by the car park at the chair lift valley station.

Refreshments: Berggasthaus St. Anton (1250 m), Kärntner Alm (960 m).

Alpenwelt Tip: Toboggans can be hired at the Kranzberg chair lift valley station.

Tobogganing Pure Enjoyment

Tobogganing is
fun for all members
of the family.



Winter Fun Ice Sport and Snow Rom

Ice skating and Bavarian curling

Arena Mittenwald

The ice rink in Mittenwald is open to the public according to the notice, which is also available on the Arena's Internet site. On Fridays, visitors competitions in "Eisstockschießen", also known as Bavarian curling (a particular widespread winter sport in the Alps, which has a certain similarity to curling) take place followed by an award ceremony. The emphasis is on fun and a pleasant get-together with locals called „Moar“, who lead the team. A little ambition is of course also necessary. If you would prefer to watch than to skate, the sports bar is the place to be. www.arena-mittenwald.de

Natural ice rinks in Krün, Wallgau and Klais

The sports facilities in Krün include a large natural ice rink, which is open daily in good weather with the corresponding ice condition. In Wallgau, next to Haus des Gastes, and in Klass, large ice skating areas are maintained. Here, ice fans can try their hand at Bavarian curling and ice hockey, enjoy a gentle turn on skids or turn pirouettes. Every Wednesday, there is visitors Bavarian curling in Krün.

In Wallgau, guests meet to play Bavarian curling every Monday.

Alpenwelt Tip: At the Mittenwald Arena, ice skating and ice stick rentals are available. At the natural ice rinks in Krün and Wallgau, ice sticks can be rented for a small fee. Find out about the exact prices from the tourist information offices in Alpenwelt Karwendel.



Snowy romance is big in
Alpenwelt Karwendel.

ance



Ski and tourist bus

The ski and tourist bus in Alpenwelt Karwendel connects the towns of Mittenwald, Krün and Wallgau. It travels to the Kranzberg ski area, to the Barmsee lift, to the cross-country trails and starting points for hikes. With the Guest Card, use of the bus is free of charge.

More about the current programme and registration for guided events is available at the Alpenwelt tourist information offices

Winter dreams

Horse-drawn carriage rides

The carriage moves silently through the snowy winter landscape of Alpenwelt Karwendel. Only the jingling of the little bells and the snorting of the horses can be heard. On the horizon, the lofty Alpine scenery of the Karwendel and Wetterstein mountains: A trip in a horse-drawn carriage wrapped in warm blankets is always something very special. The coachmen will be happy to selection the destination according to your individual requests. More information is available from the tourist information offices in Alpenwelt Karwendel and the tourists' newspaper "Alpenwelt Karwendel at a glance".

Torchlight hiking with refreshments

From Wednesday to Friday, romantic torchlight walks are organised in Alpenwelt Karwendel in the evenings with refreshments. More information on the destinations is available from the tourist information offices.

Wildlife feeding

Experience roe deer and deer in the wild: Wildlife feeding, suitable for children from 6 years of age, is on Mondays and Thursdays. Please understand that dogs are not allowed.

Further information is available from the tourist information offices or at www.alpenwelt-karwendel.de.



Culture and events

Christmas Markets

Shortly before Christmas, snow-covered wooden huts and strings of festive lights are set up for 4 days in Ballenhausgasse and on the forecourt of the church in Mittenwald to create an atmospheric Christmas Market. There is an aroma of roasted almonds, gingerbread, mulled wine and punch. In the little huts, the so-called "Standln", crib figures, candles and crafts are for sale. The colourful fringe programme ensures a variety of entertainment. In Krün there is also a Christmas Market each year with mulled wine and craft "Standln". Every two years, the Wallgau Advent Market is held at Sonnleiten, the the oldest row of houses in the village. Details of the programme of events are available at www.alpenwelt-karwendel.de.

Traditional Carnival

There are many carnival traditions and parades. In Alpenwelt Karwendel they are something very special. The carnival period is the time of the "Maschkara": mysterious creatures in hand-made, colourful costumes, who hide their faces behind carved wooden masks. Making jokes and playing music, they parade through the alleys to drive out the demons and spirits of winter. This custom is over 500 years old and reaches its high point on "Fat Thursday". This is when the "Schellenrührer" - men in green hats, wood masks, leather trousers with heavy bells on tightly-worn buckles - use special step sequences to wake the spring from the winter sleep. Young and old meet every Monday, Tuesday and Thursday for the so-called "Gungeln" in the taverns of Alpenwelt Karwendel. Maschkera and Maschkera music bear witness to genuine traditions.

Dog Sledge Race

You can get up close to huskies and their drivers once a year at the dog sledge race in Wallgau. On a weekend between January and March, around 150 participants and 800 to 1000 dogs compete between Isartal and Barmsee.



Winter Highlights in the Alps



Living tradition:
The colourful Maschkara
with their carved wooden
masks are unique in
Germany.

Alpenwelt Karwendel

Freedom from Everyday Life



Mountains, sun, fresh air,
lots of snow and freedom and
a broad range of leisure, cultural
and entertainment events
to choose from:
This is winter holidaying
in Alpenwelt Karwendel.

General Info

Arrival

By car: From the north via Munich on the A 95 and the B 2 to Krün, Wallgau and Mittenwald. From the south via Innsbruck and the Inntal motorway to Zirl Ost, via Zirler Berg to Seefeld and on through Scharnitz to Alpenwelt Karwendel.

By train: From Munich via Garmisch to Klais and Mittenwald with the regional bus 9608 from Klais or Mittenwald to Krün and Wallgau.

Info

www.alpenwelt-karwendel.de

Touristinformation Mittenwald, Dammkarstraße 3, 82481 Mittenwald, Tel. +49 (0) 8823 - 33 981

Touristinformation Krün, Rathausplatz 1, 82494 Krün, Tel. +49 (0) 8825 - 10 94

Touristinformation Wallgau, Mittenwalder Straße 8, 82499 Wallgau, Tel. +49 (0) 8825 - 92 50 50

Parking:

Sufficient parking is available in all three towns in Alpenwelt Karwendel. Free parking spaces are also available. These are marked as such. More information is available from the tourist information offices in Mittenwald, Krün and Wallgau.

Accommodation, huts and alpine cabins

A detailed host directory is available on the internet page www.alpenwelt-karwendel.de or from the tourist information offices. Huts and alpine cabins in the region are listed with telephone numbers, opening hours, closing days, and their respective home pages (if available) at www.alpenwelt-karwendel.de

Ski and snowboard schools and ski rental

Mittenwald: Ski School Alpenwelt Karwendel, Bahnhofplatz 3, Sportalm, Tel. +49 (0) 8823 - 80 80

www.skischule-alpenwelt-karwendel.de

Erste Skischule Mittenwald, Bahnhofplatz, Tel. + (49) 8823 - 35 82 and 85 48, www.skischule-mittenwald.de

Wallgau und Krün: Ski School Alpenwelt Alpenwelt Karwendel, Office: Dorfplatz 9, Wallgau,

Tel. +49 (0) 8825 - 92 13 199

Skiing and Cross-Country Ski School Isartal, Ramweg 13, Krün, Tel. + 49 (0) 172 - 95 68 196

Ski School Krün/Wallgau, Karwendelstraße 4, Krün, Tel. + 49 (0) 8825 - 92 18 80, www.skischule-kruen-wallgau.de

Guided winter hiking and snow-shoe tours

Mountaineering School Alpenwelt Karwendel, Im Gries 16–18, 82481 Mittenwald, Tel. + 49 (0) 8823 - 92 69 666, Mobile: + 49 (0)175/24 66 966, www.bergfuehrer-mittenwald.de. Guided walking tours are also offered by the above ski schools and the tourist information offices in Alpenwelt Karwendel.

Maps

Kompass, Sheet WK 6, Karwendel Mountains, 1:50 000. The tourist information offices also provides the overview map "Winter in Alpenwelt Karwendel" with Winter hiking trails and cross-country trails, ski-runs and other info at a scale of 1:30 000.

The right tour

All winter hikes include a time specification and a degree of difficulty, which is based on the basic walking time and allows you to see at a glance which tour is suitable. Depending on fitness and physical condition, the tours can of course take shorter or longer to complete.

Alternatives to winter sports

In addition to the variety of sports presented here, which you can experience outdoors in Alpenwelt Karwendel, there are of course numerous indoor options too, such as the violin-making museum in Mittenwald.

See for yourself at www.alpenwelt-karwendel.de.

A selection of all winter tours can be found on the Tour module. Or, even better, at the location itself. Information is available from the Alpenwelt Karwendel tourist information offices. There you can also get information material, brochures and current event tips.



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ALPENWELT
KARWENDEL

Mittenwald • Krün • Wallgau



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